



Taekwondo Youth Come Up Aces

By: Joseph Chin

May 25, 2009 10:14 PM - Members of Mississauga's ACE Taekwondo Academy were big winners earlier this month in Georgetown at the Battle of Warriors International Open Taekwondo Championships.

The academy, a City of Mississauga parks and recreation program, sent 19 athletes to the event and came away with 27 trophies, including nine gold medals.

Eight-year-old Zubair Othman led the way in his yellow-belt class with gold's in sparring and poomse (form).



Staff photo by Rob Beintema
Eight year-old Zubair Othman, seen here getting a little help with Master Instructor Viresh Mistry, won gold medals in the yellow-belt class in sparring and poomse (form) at the Battle of Warriors International Open Taekwondo Championships.

"Zubair was last year's Toronto Open Champion at only seven years old. He's the future of Taekwondo in the eyes of many Masters," said coach Viresh Mistry, who has 25 years of experience in the sport in Great Britain.

On the girls' side, Jessica Bacolod, 10, grabbed gold in sparring and silver in poomse. Other gold medal winners were 12-year-old Karim Guindy (sparring), eight-year-old Brandon Ngo (sparring), eight-year-old Jayson Bacolod (sparring), seven-year-old Harry Guo (sparring), 11-year-old Daniel Philistin (poomse) and 14-year-old Stephanie Polong (poomse).

Other club members who won medals include Karim Salib, Youssef Salib, James Bacolod, Jim Art Polong, Nikhil Sarin, Dhiren Khattar, Jessie Polong, Sachin Sarin, Cedric Carluen and David Lasala.

The competition attracted hundreds of competitors from across Canada, the U.S. and England.

ACE offers classes for beginners six years old to adult. Classes are held at Churchill Meadows Activity Centre and Huron Park Community Centre.

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